

What's On – Week Commencing: 2nd January 2023

(UP) = Upstairs; (??) = Unconfirmed (P) = Private event (NTW) = Not this week

Monday – 02/01/2023

1300-1400 – Pilates (NTW)
1800-1900 – Table Tennis - 01970 871677
(??)
1930-2030 – Circuit Training – 01970
871137

Tuesday – 03/01/2023

1000 – Borth Council Meeting (??)
1200-1300 – Older Adults Exercise (NTW)
1400-1500 - Tai Chi - 07792122494
1800-1900 – Pilates – For booking contact
rbhfitness.co.uk
1930-2130 – Senior Badminton – 01970
871677 (??)
1900-2100 – Sewing Group (UP & NTW)

Wednesday – 04/01/2023

0930-1300 – Borth Family Centre –
07896616857 (NTW)
1330-1600 – Bowls (NTW)
1400-1600 - W.I. (??)

1800-1900 - Badminton (P)
1915-2015 – Cricket Practice

Thursday – 05/01/2023

1030 – Aerobics – 01970 871148 (NTW)
1400-1600 – Senior Citizens (NTW)
1745-1845 – Aerobics (Rachel P) (??)
1830-1930 – Yoga (UP & NTW)

Friday – 06/01/2023

0930-1030 – Bethan Davies (NTW)
1100-1200 – Badminton (P & ??)
1700-1900- Junior Badminton – 01970
871677

Saturday – 07/01/2023

1400-1700 - Party

Sunday – 08/01/2023

1700-1900 – Model Flying Club
1900-2000 – Badminton (P & NTW)

For more information see:

www.borthcommunity.info

or Hilary Matthews (Pricing) on 01970 871912 and Roy Jones (Hall
Booking) on 07484 732006 or 01970 624020.