

# Borth Memorial Sports and Community Hall Weekly Diary

November	Monday 18/11/2024	Tuesday 19/11/2024	Wednesday 20/11/2024	Thursday 21/11/2024	Friday 22/11/2024	Saturday 23/11/2024	Sunday 24/11/2024
Main Hall	<p>Seated Pilates - (11:00 - 12:00)</p> <p>Pilates - (12:00 - 13:00)</p> <p>Table Tennis - (18:00 - 19:00)</p> <p>Circuit Training - (19:30 - 20:30)</p>	<p>Borth Actif - (09:00 - 14:00)</p> <p>Pilates - (18:00 - 19:00)</p> <p>Borth Badminton Club - (19:30 - 21:30)</p>	<p>Slow Yoga - (09:15 - 10:15)</p> <p>Bowls - (13:30 - 15:30)</p> <p>Badminton - Private - (18:00 - 19:00)</p>	<p>Table Tennis - (16:45 - 17:45)</p> <p>Disco - Bix - (18:00 - 19:00)</p>	<p>Badminton - Private - (11:00 - 12:00)</p> <p>Home Education - (13:00 - 15:00)</p> <p>Junior Badminton - (17:00 - 19:00)</p>	<p>Children's Party - (10:30 - 13:00)</p>	<p>Radio Model Club - (17:00 - 19:00)</p>
Dance Studio		<p>Tai Chi - (10:00 - 11:00)</p>	<p>Flow Yoga - (17:30 - 18:30)</p>				